

Massage Rates



Member Rates

30 minutes	\$45
45 minutes	\$60
60 minutes	\$75

Non-Member Rates

30 minutes	\$55
45 minutes	\$75
60 minutes	\$95

It's the next best thing to exercise and rest! Massage therapy will help reduce stress, aid in the healing process, reduce your risk of injury, improve overall performance and relieve muscle tension.



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